

# Advanced Steps® ACP

## Facilitator Certification

Thursday, September 1, 2022

7:30 AM- 4:30 PM

6100 Southwest Blvd., Suite 200

Fort Worth, TX 76109

817-731-9700

Advanced Steps ACP, "A POLST Paradigm Program" developed by Respecting Choices® Person-Centered Care training is designed to help participants learn the skills needed to have end-of-life discussions with frail elders or those living in long-term care facilities.

Respecting Choices® is an internationally recognized, evidence-based model of advance care planning (ACP) that creates a healthcare culture of person-centered care—care that honors an individual's goals and values for current and future healthcare.

For more information on program see <https://www.careandprepare.org>

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**In Partnership with:**

Care  Prepare



Get this registration form online and mail with your check made out to Care & Prepare to:

To Register:

Leah Wingard  
Care & Prepare  
PO Box 12424  
Fort Worth, TX 76110  
For questions you may call  
817-247-1776  
Or email us at: [info@CareAndPrepare.org](mailto:info@CareAndPrepare.org)

Registration Fee: \$325  
Registration Deadline: August 22, 2022  
Pay online at: [PayPal link at end of page](#)

*CEs for nurses and social workers are available for the on-line portion of the course.*

*Please notify us by email if you have special dietary requirements.*

*Attendee Information:*

<b>Full Name</b> (type or print)		<b>Profession</b>
<b>Employed by</b>		
<b>Work Address</b> (street, mail station, city/ST/ZIP)		
<b>Home Address</b> (street, city/ST/ZIP)		
<b>Home Phone</b>		<b>Email</b>

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Pre-Course Assignment

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1. Complete the Respecting Choices **Advance Steps® ACP Facilitator Online Core Curriculum**.
  2. Review the **MOST form** ([Texas POLST paradigm form](#) on the Care & Prepare website look under “[Health Care documents](#)”)
  3. Review document *RC 3116 - Advance Steps Facilitator Guide to POLST Conversations: Frequently Asked Questions and Suggested Responses* (if distributed)
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AGENDA

7:30 am	<i>Continental Breakfast</i>
8:00 am	<b>Welcome and Introductions - Overview of Course</b>
8:20 am	Advance Steps® ACP, a POLST Paradigm program
8:45 am	Review of Advance Steps ACP Facilitation Skills
9:45 am	<i>Break</i>
10:00 am	<b>Practice Role-Play Exercise #1</b> ( <i>work in groups of three</i> )
10:45 am	Help Make Informed Treatment Decisions
11:15 am	<b>Practice Role-Play Exercise #2</b> ( <i>work in groups of three</i> )
12:00 pm	<i>Lunch</i>
12:30 pm	<b>Help Make Informed Treatment Decisions</b> ( <i>continued</i> )
1:30 pm	<b>Practice Role-Play Exercise #3</b> ( <i>work in groups of three</i> )
2:15 pm	<i>Break</i>
2:30 pm	<b>Making POLST Work: What the Facilitator Needs to Know</b>
3:15 pm	<b>Final Competency Role Play</b> ( <i>work in groups of four</i> )
4:15 pm	<b>Summary and Evaluation - &amp; Next Steps?</b>
4:30 pm	<i>Adjourn</i>