

Why Get Involved?

- Every adult over 18 years of age needs a plan.
- If you don't have a plan, the State has one for you.
- In case of emergency: ACP = Your life + Your plan spelled out in advance.
- Current estimates for DFW say only 10-15% of citizens have Advance Directives completed.
- Did you know all the landmark cases for End-of-Life Care involved young adults in their 20s?

**ACP - It's never too Early-
until it's too Late!**

Care  Prepare 

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“This is the best program that I've seen or been a part of for providing a solid framework for ACP education.”

Dr. Jerry Barker, Radiation Oncologist
Texas Care Specialists

We welcome your engagement & invite you to share your time & talents with us. We honor your donations that allow C&P to continue this important work!

Care  Prepare

(formerly CQEC)
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To get involved or for more information, please contact us:



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www.CareAndPrepare.org

We are a 501(c)3

Care  Prepare



Our Vision:

Foster a culture in which
All people live well All their days.

Our Mission:

Stimulate end of life care
conversations through education.

www.CareAndPrepare.org

Dear Care & Prepare,

When I moved my ailing Mom, Toni, to Fort Worth, we happened to move in together right next door to Chaplain and Care & Prepare Board member, David Lowe. Little did we know how important our lives would be to one another.

My mom had always expressed her end-of-life wishes to me, and David helped both of us feel even more comfortable with the discussions about it. He helped ensure I was prepared for when the time came to voice decisions on her behalf. And he comforted and reassured her that I knew her wishes.



When the doctors came to tell me my mom's condition, she could no longer talk. But I was there! I knew her wishes! While it was very difficult for me to even speak through sobbing tears, I was able to easily state her wishes to the doctors; I had known what she wanted.

I did not realize until afterwards just how important advance care planning is. It is truly a GIFT from her to me. When my mom could not speak for herself, I spoke for her. I was so grateful I knew what she wanted.

Thank you for helping me & my mom!

*Sincerely,
Melinda Bailey*

This is a true story, one that ended well thanks to Care & Prepare and programs it provides to inform choices we face at the end-of-life. Some of these decisions are tough calls, and Care & Prepare is here to help.

Join the Communities Foundation of Texas, the Texas State Bar, First Presbyterian Church Ft. Worth & support Care & Prepare at:



hosts learning events:

Respecting Choices® - First Steps & Last Steps Facilitator Training

Since 2007. Evidence based & nationally acclaimed Respecting Choices® Professional Training series taught by Care & Prepare volunteers.

Caregiver Conferences-

Original programming to assist the public in navigating the healthcare system.

Speakers' Bureau-

Develop, create and organize educational events partnering with your organization or faith community to bring speakers on topics related to advance care planning and other resources. Panel of experts available to speak upon requests.

Hospice Foundation of America-

(HFA) C&P is a member of HFA and provides the award-winning programs.

National Healthcare Decisions Day

(NHDD)-

Death and taxes are inevitable. NHDD occurs on April 16th annually. C&P works to increase advance healthcare planning.