

# Care Prepare presents

## First Steps<sup>®</sup> ACP Facilitator Certification

Friday, October 25, 2019 ♦ 8 AM to 4:30 PM  
James L. West Alzheimer's Ctr.  
Education Room  
[1111 Summit Ave](https://www.careandprepare.org), Fort Worth, TX 76102

Respecting Choices<sup>®</sup> First Steps<sup>®</sup> ACP Facilitator Certification is designed for professionals such as social workers, nurses, clergy, physicians, and others involved in assisting patients and residents in making end-of-life treatment decisions.

**Purpose:** To improve the effectiveness of the First Steps<sup>®</sup> ACP Facilitator Certification program through facilitation skills training.

### **Course Objectives:**

- A. Identify interview skills for facilitating First Steps advance care planning (ACP) conversations
- B. Identify interview skills for facilitating First Steps ACP conversations with adults with chronic illness
- C. Create strategies to communicate the plan, including the completion of an advance directive document
- D. Examine the ACP Facilitator's role in implementing three key systems for ACP effectiveness
- E. Demonstrate beginning competency in facilitating First Steps ACP conversations through role-play activities

### **Prerequisites:**

- 1) Completion of the First Steps ACP Facilitator Online Core Curriculum;
- 2) An attempt at an ACP conversation with a loved one or close friend, and
- 3) Completion of a "practice" advance directive document.

The online component includes interactive courses intended to help you learn basic ACP concepts and to come to the course prepared for a more robust classroom experience. Contact hours for the online prerequisite are available through Respecting Choices. Upon completion of the modules, you will be able to download a contact hour certificate.

For more information on program see <https://www.careandprepare.org>

### **Sponsored in part by:**

Care  Prepare

UNIVERSITY OF TEXAS  ARLINGTON  
ONLINE

&

### **In Partnership with:**

  
JAMES L. WEST

Center for Dementia Care

**To Register:**

Complete this registration form online and mail with your check made out to Care & Prepare to:

**Kendra Belfi, MD  
Care & Prepare  
PO Box 12424  
Fort Worth, TX 76110  
For questions you may call  
817-247-1776  
Or email us at: info@coalitionqec.org**

**Registration Fee: \$325  
Registration Deadline: October 1, 2019**

*A limited number of partial scholarships are available. For more information, see form on the CQEC website (www.coalitionqec.org) and apply at least 30 days prior to the course.*

*CEs for nurses and social workers are available for the on-line portion of the course.*

*Please notify us by email if you have special dietary requirements.*

This PROGRAM is UNDERWRITTEN BY THE TEXAS BAR FOUNDATION WITH A GRANT TO HELP ACP PLANNING FOR THE “AT RISK” POPULATION. Since its inception in 1965, the Texas Bar Foundation has awarded more than \$18 million in grants to law-related programs. Supported by members of the State Bar of Texas, the Texas Bar Foundation is the largest charitably-funded bar foundation.

**Attendee Information**

<b>Full Name:</b> (type or print)			<b>Profession:</b>
<b>Employer:</b>			
<b>Work Address:</b> (street, mail station, city/ST/ZIP)			
<b>Home Address:</b> (street, city/ST/ZIP)			
<b>Home Phone:</b>		<b>Email:</b>	

**List any Dietary restrictions:**

**Pre-Course Assignment**

1. Complete Respecting Choices **First Steps® ACP Facilitator Online Core Curriculum.**
2. Complete “practice” **Advance Directive document**; submit to Instructor for review (this will be returned to participant).
3. Attempt to have an ACP conversation with a loved one or close friend. You will be asked to share what you learned from this **personal exercise.**

*Only the first four online modules are required prior to taking the First Steps in-person day. For those modules, 6.25 CEs will be awarded by Respecting Choices (You will need to print out your certificates as you complete each module)*

*If all 5 online modules are completed, 8 CEs will be awarded by Respecting Choices.* The term “certification,” as used in Respecting Choices® educational programs and products means that Gundersen Health System issues a certificate upon fulfillment of the following elements:

- 1) completion of a specified Respecting Choices educational program with standardized content and processes;
- 2) successful demonstration of skills associated with the specified program; and
- 3) if applicable, an 80 percent or higher score on a written examination associated with the specified program.

The Respecting Choices certification programs are not credentialed by a national accreditation body.