

Advance Steps® ACP

Facilitator Certification

Friday, November 12, 2021

8:00 AM- 4:30 PM

6100 Western Pl, Ste. 800

Fort Worth, TX 76107

[View Map](#)

817-870-7040

Advance Steps ACP, "A POLST Paradigm Program" developed by Respecting Choices® Person-Centered Care training is designed to help participants learn the skills needed to have end-of-life discussions with frail elders or those living in long-term care facilities.

Respecting Choices® is an internationally recognized, evidence-based model of advance care planning (ACP) that creates a healthcare culture of person-centered care—care that honors an individual's goals and values for current and future healthcare.

For more information on program see <https://www.careandprepare.org>

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To Register:

Complete this registration form online and mail with your check made out to Care & Prepare to:

Leah Wingard
Care & Prepare
PO Box 12424
Fort Worth, TX 76110
For questions you may call
817-247-1776
Or email us at: info@CareAndPrepare.org

Registration Fee: \$325

Registration Deadline: October 15, 2021

Pay online at: [PayPal link at end of page](#)

CEs for nurses and social workers are available for the on-line portion of the course.

Please notify us by email if you have special dietary requirements.

Attendee Information:

Full Name (type or print)		Profession
Employed by		
Work Address (street, mail station, city/ST/ZIP)		
Home Address (street, city/ST/ZIP)		
Home Phone		Email

Pre-Course Assignment

1. Complete the Respecting Choices **Advance Steps® ACP Facilitator Online Core Curriculum**.
 2. Review the MOST form ([Texas POLST paradigm form](#) on the Care & Prepare website look under “[Health Care documents](#)”)
 3. Review document *RC 3116 - Advance Steps Facilitator Guide to POLST Conversations: Frequently Asked Questions and Suggested Responses* (if distributed)
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AGENDA

7:30 am	<i>Continental Breakfast</i>
8:00 am	Welcome and Introductions - Overview of Course
8:20 am	Advance Steps® ACP, a POLST Paradigm program
8:45 am	Review of Advance Steps ACP Facilitation Skills
9:45 am	<i>Break</i>
10:00 am	Practice Role-Play Exercise #1 (<i>work in groups of three</i>)
10:45 am	Help Make Informed Treatment Decisions
11:15 am	Practice Role-Play Exercise #2 (<i>work in groups of three</i>)
12:00 pm	<i>Lunch</i>
12:30 pm	Help Make Informed Treatment Decisions (<i>continued</i>)
1:30 pm	Practice Role-Play Exercise #3 (<i>work in groups of three</i>)
2:15 pm	<i>Break</i>
2:30 pm	Making POLST Work: What the Facilitator Needs to Know
3:15 pm	Final Competency Role Play (<i>work in groups of four</i>)
4:15 pm	Summary and Evaluation - & Next Steps?
4:30 pm	<i>Adjourn</i>