

Why Get Involved?

- Every adult over 18 years of age needs a plan.
- If you don't have a plan, the State has one for you!
- In case of emergency ACP = Your life + Your plan spelled out in advance that's your Advance Care Planning.
- Current estimates for DFW say only 10-15% of citizens have Advance Directives completed.
- Did you know all the landmark cases for End-of-Life Care involved young adults in their 20s?

ACP - It's always too Early – until it's too Late!



“This is the best program that I've seen or been a part of for providing a solid framework for ACP education.”

Dr. Jerry Barker, Texas Cancer Specialists,
Radiation Oncologist
(formerly Texas Oncology)

”

We welcome your engagement & invite you to share your time & talents with us. We honor your donations that allow C&P to continue this important work!

Care Prepare

(formerly CQEC)

P. O. Box 12424
Fort Worth, Texas 76110

To get involved or for more information, please contact us.

Phone: (817) 247-1776

info@CareAndPrepare.org

Find us on Facebook
& Shop Amazon

<https://smile.amazon.com/ch/74-3230134>

www.CareAndPrepare.org

We are a 501(c)3

Care Prepare

Our Vision - Foster a culture in which All people live well All their days.

Our Mission - Stimulate end of life care conversations through education.

www.CareAndPrepare.org

hosts learning events:

Respecting Choices® – First Steps & Last Steps Facilitator Training

Since 2007, Evidence based & nationally acclaimed Respecting Choices® Professional Training series taught by Care & Prepare volunteers.

Caregiver Conferences –

C&P offers original programming to assist the public navigate the healthcare system.

Speakers' Bureau -

Develop, create & organize educational events partnering with your organization or faith community to bring speakers on topics related to advance care planning and other resources. We have a panel of experts available to speak upon request.

Good Ends Book Club –

Meets periodically, check our website.

Hospice Foundation of America

(HFA) C&P is a member of HFA and provides the award-winning programs throughout the community.

National Healthcare Decisions Day

(NHDD) Death & Taxes are inevitable. NHDD occurs on April 16th annually. C&P works to increase advance healthcare planning.

A Gift for Mom...

Melinda moved her ailing Mom, Toni, to Fort Worth. Mother and daughter, Toni & Melinda, moved next door to Chaplain and C&P Board member David Lowe. Little did they know how important their lives would be to one another.

Toni had always expressed her end-of-life wishes to Melinda, but David helped Melinda understand how vital it was to have these wishes written out ahead of time.

David wanted to ensure that Melinda would be prepared if the time came to make decisions on Toni's behalf.



David was at Melinda's side when the day came for her to respect Toni's wishes.

While it was very difficult to witness, Melinda expressed through tears to the doctor her Mom's wishes, they both knew it was what Toni wanted. Melinda did not realize until afterwards just how much that was a gift from her mom – to be able to speak for her, when mom could not.

This is a true story, one that ended

well thanks to Care & Prepare

(formerly CQEC)

and programs it provides to inform

choices we face at the end-of-life. Some

of these decisions are tough calls, and

the Care & Prepare is here to help.

Join the Communities Foundation of Texas, The Texas State Bar, 1st Presbyterian Church Ft. Worth & support Care & Prepare

Thursday, September 17, 2020

