

Care Prepare

February 2019

The Coalition for Quality End of Life Care is now [Care & Prepare](#)!

For several years the Board has been considering a name change to reflect the growth of our vision & services provided. Our desire is to see **all people live well all of their days**. In order to finish well we believe a good plan (ACP) can help us.

Our new name reflects our desire to meet more of our community's needs.

Caregivers needs are very much a priority if both the patient & Caregiver are to thrive.

Since families are systems, we believe [Care & Prepare](#) can help our families & community live well & finish well.

Cantor/Chaplain Sheri Allen
Care & Prepare
Board President 2019



Kendra Belfi, MD - retired

Healthcare Hero Nominee, Dr. Kendra Belfi, will be honored February 20. Healthcare Heroes is open to the public, if you would like to join Dr. Belfi and encourage her, the event will take place at **7:00 PM at the Fort Worth Club, 306 W. 7th St., Fort Worth, TX 76102.**

RSVP by February 15 to
mlester@bizpress.net.



[First Steps Advance Care Planning](#)

Friday, March 22, 2019

8:00 am --4:30 pm
James L. West Alzheimer's Center
1111 Summit Avenue
Fort Worth TX 76102

Liberating Unmourned Loss

This video presentation from [Opus Peace](#) provides a perspective that is sure to expand your viewpoint about how to cultivate a healthy relationship with the part of self carrying emotional pain, self-compassion, and personal intimacy. The value and role of therapeutic ceremonies and rituals to navigate difficult losses and transitions is also addressed. This is a stand alone webinar but it is HFA's Part 2 for Soul Injury.

March 8, 2019
10:00 am--12:15 pm
Baylor Scott & White All Saints Fort Worth
Joan Katz Cancer Center Resource Room
RSVP: info@coalitionqec.org

Now for something new:
"Tongue prints: A novel biometric & Forensic tool"

What, what?! Yep an NIH abstract!
Now you have some fascinating Bio-trivia to amaze your Valentine with.
Your welcome!

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5210096/>



[Last Steps Advance Care Planning](#)

Friday, March 7, 2019

8:00 am --4:30 pm
6100 Western Pl, Ste. 800
Fort Worth, TX 76107

Last (Advanced) Steps ACP, "A POLST Paradigm Program" developed by Respecting Choices® Person-Centered Care training is designed to help participants learn the skills needed to have end-of-life discussions with frail elders or those living in long-term care facilities.

RSVP: info@coalitionqec.org

Something for your Sweetie & support Care & Prepare!

Thinking about a last minute gift for your Valentine?
Follow this link to Amazon Smile & CQEC can benefit, too!

Share the love

Shop for your Valentine
at **smile.amazon.com** and
Amazon donates.

You shop. Amazon donates.
amazonsmile



Care & Prepare | 817-247-1776 | www.careandprepare.org

STAY CONNECTED

