

First Steps® ACP

Facilitator Certification

Friday, September 8, 2023

7:45 AM- 4:30 PM

Ensemble Coworking - 1617 Park Place Ave. Suite 110

Fort Worth, TX 76110

[View Map](#) [817-984-3633](tel:817-984-3633)

Do you know your health care rights & responsibilities?

Want to help others know?

Respecting Choices® First Steps® ACP Facilitator Certification is designed for professionals such as social workers, nurses, clergy, physicians, attorneys, and others involved in assisting patients, and residents in making future healthcare treatment decisions. Participants learn the skills needed to facilitate foundational ACP conversations and how to assist people to complete an advance directive that aligns with their goals, values and preferences.

Respecting Choices® is an internationally recognized, evidence-based model of advance care planning (ACP) that creates a healthcare culture of person-centered care—care that honors an individual's goals and values for current and future healthcare.

For more information on program see <https://www.careandprepare.org>

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To Register: Complete this registration form and mail with your check made out to Care & Prepare to:

Leah Wingard

Care & Prepare

PO Box 12424

Fort Worth, TX 76110

For questions you may call

817-247-1776

Or email us at: info@CareAndPrepare.org

Registration Fee: \$325- Earlybird \$299
8/28 Scholarships first available.

Registration Deadline: Aug 18, 2023

Pay online at: [PayPal link at end of](#)

Attendee Information:

Full Name (type or print)			Profession
Employed by			
Work Address (street, mail station, city/ST/ZIP)			
Home Address (street, city/ST/ZIP)			
Home Phone		Email	

CEs for nurses and social workers are available for the Respecting Choices® ACP Facilitator Online Core Curriculum For modules 1 - 4, 6.25 CEs will be awarded by Respecting Choices. To receive CE certificate for Online ACP Facilitator Curriculum, nurses and social workers must complete an online evaluation upon conclusion of each module.

Please notify us if you have special dietary requirements: 817-247-1776

Pre-Course Assignment

1. Complete the Respecting Choices **First Steps® ACP Facilitator Online Core Curriculum (modules 1 – 4)**.
2. Complete “practice” Advance Directive document; submit to Instructor for review (this will be returned to participant).
3. Attempt to have an ACP conversation with a loved one or close friend. You will be asked to share what you learned from this **personal exercise**.

AGENDA

7:30 am *Continental Breakfast*

8:00 am **Welcome and Introductions - Overview of Course**

Person-Centered Conversations: Core Concepts

Skills to Promote Person-Centered Conversations

The Exploration Phase of ACP Conversations

Break

Role-Play Exercise

Lunch

Eliciting Preferences and Decisions: Goals of Care Phase

Decision-Making Framework for First Steps ACP Conversations

Role-Play Exercise

Break

Documenting Preferences and Decisions of First Steps ACP Conversations

Achieving and Maintaining First Steps ACP Facilitator Certification (Competency Role-Play)

4:30 pm *Adjourn*

To take the next step sign up for

Advanced Steps® ACP

Facilitator Certification

Friday, October 13, 2023

7:45 AM- 4:30 PM – Sign up soon!

RSVP to Info@CareAndPrepare.Org