

# Last Steps® ACP Facilitator Certification Thursday, March 7, 2019 8:00 AM- 4:30 PM

6100 Western Pl, Ste. 800  
Fort Worth, TX 76107  
[View Map](#)  
844-399-1701

Last (Advanced) Steps ACP, "A POLST Paradigm Program" developed by Respecting Choices® Person-Centered Care training is designed to help participants learn the skills needed to have end-of-life discussions with frail elders or those living in long-term care facilities.

Respecting Choices® is an internationally recognized, evidence-based model of advance care planning (ACP) that creates a healthcare culture of person-centered care—care that honors an individual's goals and values for current and future healthcare.

For more information on program see <https://www.careandprepare.org>

**Sponsored in part by:**

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Care  Prepare

**VITAS**  
Healthcare

*To Register:*

Complete this registration form online and mail with your check made out to CQEC to:

**Kendra Belfi, MD  
Care & Prepare  
PO Box 12424  
Fort Worth, TX 76110  
For questions you may call  
817-247-1776  
Or email us at: [info@coalitionqec.org](mailto:info@coalitionqec.org)**

**Registration Fee: \$325  
Registration Deadline: February 25, 2019**

*A limited number of partial scholarships are available. For more information, see form on the CQEC website ([www.coalitionqec.org](http://www.coalitionqec.org)) and apply at least 30 days prior to the course.*

*CEs for nurses and social workers are available for the on-line portion of the course.*

*Please notify us by email if you have special dietary requirements.*

This PROGRAM is UNDERWRITTEN BY THE TEXAS BAR FOUNDATION WITH A GRANT TO HELP ACP PLANNING FOR THE "AT RISK" POPULATION. Since its inception in 1965, the Texas Bar Foundation has awarded more than \$18 million in grants to law-related programs. Supported by members of the State Bar of Texas, the Texas Bar Foundation is the largest charitably-funded bar foundation.

*Attendee Information:*

<b>Full Name</b> (type or print)		<b>Profession</b>
<b>Employed by</b>		
<b>Work Address</b> (street, mail station, city/ST/ZIP)		
<b>Home Address</b> (street, city/ST/ZIP)		
<b>Home Phone</b>		<b>Email</b>

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**Pre-Course Assignment**

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1. Complete the Respecting Choices **Last Steps® ACP Facilitator Online Core Curriculum.**
  2. Review the MOST form (Texas POLST paradigm form)
  3. Review document *RC 3116 - Last Steps Facilitator Guide to POLST Conversations: Frequently Asked Questions and Suggested Responses* (if distributed)
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**AGENDA**

- 7:30 am *Continental Breakfast*
- 8:00 am **Welcome and Introductions - Overview of Course**
- 8:20 am Last Steps<sup>®</sup> ACP, a POLST Paradigm program
- 8:45 am Review of Last Steps ACP Facilitation Skills
- 9:45 am *Break*
- 10:00 am **Practice Role-Play Exercise #1** (*work in groups of three*)
- 10:45 am Help Make Informed Treatment Decisions
- 11:15 am **Practice Role-Play Exercise #2** (*work in groups of three*)
- 12:00 pm *Lunch*
- 12:30 pm **Help Make Informed Treatment Decisions** (*continued*)
- 1:30 pm **Practice Role-Play Exercise #3** (*work in groups of three*)
- 2:15 pm *Break*
- 2:30 pm **Making POLST Work: What the Facilitator Needs to Know**
- 3:15 pm **Final Competency Role Play** (*work in groups of four*)
- 4:15 pm **Summary and Evaluation - & Next Steps?**
- 4:30 pm *Adjourn*