

Communities Foundation of Texas

Scholar Profiles

2018



Kathy Breen, Master Social Work – Intern

Case Management
Union Gospel Mission

Kathy is doing her master internship & loves dispelling myths and legends of doing advanced care planning with homeless.

“I remember one Monday talking with the client. He rode his bike on the way home and had an unfortunate accident. It was a good thing that we had had the training from CQEC and that crucial conversation. It really changed the direction of everything.”

Favorite movie: Open Range



Sheryl Refsland, RN, LPC

Faith United Methodist Church,
Congregational Care Team Leader
FEMA, on-call position
Denton, TX

“I am grateful for the scholarship and the opportunity to learn how sharing this vital, relevant and meaningful information with others to help their time of need be a smoother transition, versus the chaos caused by family members at odds with one another.”

“I am also pleased to report that I have had one discussion with 2 of my 3 sons; with my Mom to be sure she understood what she was asking from me as her Medical POA. I have also assisted a couple of nurses in Doctor’s offices who needed clarification as to what a Medical Power of Attorney was and when it is activated.

“I was asked to lead the Congregational Care Team at my church and I hope to include a few sessions on ACP for anyone interested in getting the information. Someday I would love to become an Instructor for Respecting Choices.”

Favorite movie: War Room



Linda Abel, RN

First United Methodist Church of Fort Worth, Parish Nurse
Dementia Friendly Fort Worth, President

"I want to learn this methodology for training in Respecting Choices. My desire is to then share this across Fort Worth with our Assisted Living managers so they can help more families in Ft. Worth.

Favorite movie: Chariots of Fire

More than five million Americans have dementia & are supported by 15.5 million family & friends who provide 85 percent of their help. By 2025, the number of people age 65 and older with dementia is estimated to reach 7.1 million. In response to this escalating statistic, First United Methodist Church of Fort Worth & Linda are leading the charge to create dementia friendly communities across Tarrant County, beginning with Fort Worth.¹

¹ <http://fortworthtexas.gov/news/2018/01/dementia-free-fw/>